

Healthy Food for a Wealthy Mood



Rosemary Garlic Roasted Potatoes

garlic head
Tbsp. extra virgin olive oil
oz. whole baby potatoes
thyme sprigs
rosemary sprigs
tsp. kosher salt
tsp. freshly ground black pepper
Tbsp. chopped fresh flat-leaf parsley

Preheat oven to 450 degrees.

Remove white papery skin from garlic head; separate cloves but do not peel. Place garlic cloves, olive oil, potatoes, thyme, and rosemary in a large bowl; toss to coat.

Arrange potato mixture on a foil-lined jelly-roll pan. Sprinkle with salt and pepper. Bake at 450 for 25 minutes, stirring after 13 minutes. Sprinkle with 1/8 tsp. salt and parsley.

Serves 4

Calories 173; Fat 7g; Sodium 208

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